

# 2010 Swallowfield 10K Men Results

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Men	10k Men				Age	Vers 1
Position	Run #	Name	Place or Club	Time	Cat	Pos in Age Cat
1	60	Matthew King	Unatt. Winchester	33:18	15-39	1 out of 76
2	303	Tom Lerwill	Unatt. Reading	33:33	15-39	2 out of 76
3	324	Charles Coleman	Windsor Slough Eton & Hounslow Ac	33:58	40-49	1 out of 69
4	88	Ryan Brookling	Unatt. Arborfield Cross	35:16	40-49	2 out of 69
5	56	Julian Sherman	Reading Road Runners	35:43	15-39	3 out of 76
6	14	Lee Smith	Unatt. Caversham	37:35	15-39	4 out of 76
7	240	Alan Money	Newbury Athletics Club	37:48	15-39	5 out of 76
8	330	Daniel Wright	Unatt. Reading	38:59	15-39	6 out of 76
9	16	Kevin Quinn	Bracknell Forest Runners Windsor Slough Eton & Hounslow Ac	39:46	40-49	3 out of 69
10	297	Michael Hill	Hounslow Ac	40:09	50-59	1 out of 20
11	15	Howard Taylor	Handy Cross Runners	40:34	50-59	2 out of 20
12	319	Edward Gillett	Unatt. Riseley	40:56	15-39	7 out of 76
13	35	Kevin Jones	Reading Road Runners	41:31	50-59	3 out of 20
14	233	Hardeep Kullar	Runnymede Runners	41:40	40-49	4 out of 69
15	302	Peter Rayner	Woodstock Harriers	41:44	60-69	1 out of 12
16	149	Steven Jones	Unatt. Slough	41:56	15-39	8 out of 76
17	314	Stewart Bond	Unatt. Maidenhead	42:00	15-39	9 out of 76
18	20	Michael	Reading Joggers	42:02	50-59	4 out of 20
19	254	Jason Roberts	Unatt. Windsor	42:23	15-39	10 out of 76
20	74	Ivan Carus	Unatt. Shinfield	42:31	40-49	5 out of 69
21	86	Bayley Tustin	Unatt. Arborfield	42:35	15-39	11 out of 76
22	304	Andrew Browne	Unatt. Reading	42:38	15-39	12 out of 76
23	24	Benjamin Ruddle	Unatt. Riseley	42:47	15-39	13 out of 76
24	185	Sayeed Islam	Maidenhead Ac	42:59	40-49	6 out of 69
25	39	Matt Mannings	Reading Road Runners	43:02	15-39	14 out of 76
26	229	Dean Westbrook	Unatt. Sandhurst	43:04	15-39	15 out of 76
27	193	Russell Carter	Unatt. Windsor	43:07	15-39	16 out of 76
28	147	William Layne	Unatt. Reading	43:11	40-49	7 out of 69
29	113	Leon Jones	Unatt. Farnborough	43:25	40-49	8 out of 69
30	112	Nigel Marsh	Unatt. Farnborough	43:25	40-49	9 out of 69
31	197	Nick Kops	Unatt. Bramshill	43:26	15-39	17 out of 76
32	205	Phill Dean	Unatt. Reading	43:32	40-49	10 out of 69
33	90	David Lewis	Unatt. Lower Earley	43:41	40-49	11 out of 69
34	19	Joseph Conlan	Windle Valley Runners	44:00	15-39	18 out of 76
35	251	Sean Smith	Unatt. Yateley	44:01	40-49	12 out of 69
36	158	David Parton	Unatt. Reading	44:02	40-49	13 out of 69
37	265	Kelly Sturgess	Viking Road Runners	44:03	40-49	14 out of 69

38	22	Martin Rice	Unatt. Frimley	44:04	40-49	15 out of 69
39	325	Shane Farrell	Fleet And Crookham Ac	44:20	15-39	19 out of 76
40	232	Mark Davenport	Unatt. Hook	44:20	40-49	16 out of 69
41	283	Lovell Warren	Unatt. Burnham	44:38	15-39	20 out of 76
42	145	Jack Ayre	Unatt. Reading	44:38	15-39	21 out of 76
43	80	David Lennon	Unatt. Reading	44:42	40-49	17 out of 69
44	116	Peter Jarvis	Unatt. Reading	44:43	40-49	18 out of 69
45	192	Steven Cuschieri	Unatt. Fleet	44:53	15-39	22 out of 76
46	214	Paul Jenkins	Finch Coasters	44:53	40-49	19 out of 69
47	177	Mike Grinsted	Unatt. Reading	45:10	40-49	20 out of 69
48	63	James Morris	Unatt. Wokingham	45:14	15-39	23 out of 76
49	305	Peter Sloan	Unatt. Hook	45:25	50-59	5 out of 20
50	266	Sean Brown	Unatt. Bracknell	45:35	15-39	24 out of 76
51	174	Chris Leafe	Unatt. Reading	45:46	40-49	21 out of 69
52	201	Chris Armstrong	Unatt. Reading	45:47	15-39	25 out of 76
53	54	Stuart Bowden	Unatt. Crowthorne	45:59	15-39	26 out of 76
54	282	Andrew Baker	Unatt. Woking	46:06	15-39	27 out of 76
55	184	Simon Rourke	Unatt. Riseley	46:06	40-49	22 out of 69
56	82	Justin Long	Unatt. Holybourne	46:07	40-49	23 out of 69
57	37	Ed Shelton	Unatt. Farnborough	46:15	15-39	28 out of 76
58	17	Jeffrey Cushing	Reading Road Runners	46:15	60-69	2 out of 12
59	134	Malcolm Haines	Unatt. Reading	46:22	15-39	29 out of 76
60	120	Andrew Logie	Unatt. Reading	46:32	40-49	24 out of 69
61	318	Andy Pond	Reading Road Runners	46:34	15-39	30 out of 76
62	44	Paul Maddox	Unatt. Binfield	46:34	40-49	25 out of 69
63	299	Roger Ganpatsingh	Reading Road Runners	46:46	15-39	31 out of 76
64	101	Paul Fox	Unatt. Riseley	46:57	15-39	32 out of 76
65	49	Sandy Thain	Unatt. Woodley	46:57	40-49	26 out of 69
66	293	Craig Dodd	Unatt. Woking	47:02	40-49	27 out of 69
67	64	Andy Gilroy	Unatt. Spencers Wood	47:08	40-49	28 out of 69
68	79	Martin Regan	Unatt. Woodley	47:12	15-39	33 out of 76
69	225	David Brown	Unatt. Reading	47:16	40-49	29 out of 69
70	153	John Cooper	Unatt. Finchampstead	47:16	40-49	30 out of 69
71	102	Darrin Ormston	Sutton Runners	47:21	40-49	31 out of 69
72	117	Bruce Jackson	Unatt. Padworth	48:35	15-39	34 out of 76
73	30	Nayan Mistry	Gg Ac	48:37	15-39	35 out of 76
74	295	Colin Campbell	Unatt. Ruislip	48:43	15-39	36 out of 76
75	76	James Barry	Unatt. Swallowfield	48:44	15-39	37 out of 76
76	109	Richard Griffiths	Unatt. Thornbury	48:54	40-49	32 out of 69
77	334	John Preston	Unatt. Reading	48:59	40-49	33 out of 69
78	230	Mark Wren	Unatt. Reading	49:09	15-39	38 out of 76
79	242	Simon Brimacombe	Reading Road Runners	49:21	40-49	34 out of 69
80	61	Adrian Hicks	Unatt. Spencers Wood	49:27	40-49	35 out of 69
81	250	Matthew Congleton	Unatt. Binfield	49:30	15-39	39 out of 76

82	298	Neil Peers	Unatt. Ascot	49:33	15-39	40 out of 76
83	311	Brian Magill	Unatt. Reading	49:44	50-59	6 out of 20
84	70	Rob Keyse	Unatt. Lower Earley	49:53	40-49	36 out of 69
85	246	Malcolm Clark	Unatt. Reading	49:55	15-39	41 out of 76
86	218	Frank Cooper	Unatt. Reading	50:04	60-69	3 out of 12
87	98	James Wilson Richard	Unatt. Sherfield On Loddon	50:06	40-49	37out of 69
88	2	Nethersole Andrew	Unatt. Woking	50:11	15-39	42 out of76
89	226	Blackman	Unatt. High Barnet	50:20	15-39	43 outof 76
90	249	Jamie Tuffs	Unatt. Binfield	50:40	15-39	44 out of 76
91	25	Ian May Martin Haitham	Unatt. Earley	50:49	40-49	38 out of 69
92	202	Taylor	Unatt. Riseley	51:05	15-39	45 outof 76
93	257	Andy McWilliams	Unatt. Wokingham	51:12	40-49	39 out of69
94	77	Oliver Ward	Unatt. Riseley	51:21	40-49	40 out of 69
95	243	Martin Brickell	Unatt. Hook	51:24	40-49	41 out of 69
96	36	Steve Cleverley	Unatt. Bracknell	51:24	15-39	46 out of76
97	287	Daniel Warner	Unatt. Reading	51:28	40-49	42 out of 69
98	26	Yash Rathi	Unatt. Reading	51:32	15-39	47 out of 76
99	59	Kevin Jarrett	Unatt. Farley Hill	51:33	40-49	43 out of69
100	335	John Relph	Unatt. Reading	51:38	50-59	7 out of 20
101	333	David Beech	Unatt. Hook	51:42	15-39	48 out of76
102	83	Richard Hatton	Unatt. Spencers Wood	51:42	60-69	4 outof 12
103	315	Barry O	Unatt. Woodley	51:47	15-39	49 out of 76
104	157	Alex Underwood	Unatt. Reading	51:55	15-39	50 out of76
105	320	Peter Gillett	Unatt. Riseley	51:55	50-59	8 out of 20
106	23	Terry Fuller	Unatt. Newbury	51:59	60-69	5 out of 12
107	239	Martin Lemming	Unatt. Old Windsor	52:02	60-69	6 outof 12
108	29	Robert Preston Michael	Reading Road Runners	52:05	50-59	9 outof 20
109	72	Harrison	Unatt. Alton	52:10	50-59	10 out of 20
110	271	Alan Freestone	Blackwater Valley Runners	52:33	40-49	44out of 69
111	58	Simon Crute	Finch Coasters	52:34	15-39	51 out of 76
112	270	Kevin Voller	Blackwater Valley Runners	52:34	40-49	45out of 69
113	198	Paul Gayler	Unatt. Maidenhead	52:45	40-49	46 out of69
114	300	Philip Reay	Reading Road Runners	52:52	15-39	52 outof 76
115	137	Bob Thomas	Reading Road Runners	52:54	50-59	11 out of20
116	269	Tom Mason Stephen Page-	Unatt. Reading	52:58	15-39	53 out of 76
117	160	Smith	Unatt. Thatcham	53:00	40-49	47 outof 69
118	150	Chris Sandys	Unatt. Thatcham	53:00	40-49	48 out of 69
119	33	Gregory Allin	Unatt. Fleet	53:43	15-39	54 out of 76
120	308	Gary Little	Unatt. Basingstoke	53:46	40-49	49 out of69
121	207	Robert Edwards	Victory Ac	54:12	60-69	7 out of 12
122	289	Andy Dingle	Reading Road Runners	54:22	15-39	55 outof 76
123	274	Mark Lang	Unatt. Tadley	54:24	40-49	50 out of 69

124	176	Adrian Low Jonathan	Unatt. Windsor	54:33	40-49	51 out of 69
125	21	Bossman	Hart Road Runners	54:38	60-69	8 out of 12
126	84	Jack Sanchez	Unatt. Swallowfield	54:46	15-39	56 out of 76
127	272	Terry Derrick	Unatt. Newbury	54:55	60-69	9 out of 12
128	294	Andrew Curd	Reading Road Runners	54:55	50-59	12 out of 20
129	31	Gary Waite Adam Clement-	Unatt. Riseley	54:57	40-49	52 out of 69
130	211	Jones	Unatt. Fleet	55:00	15-39	57 out of 76
131	312	Terence Webb	Unatt. Windsor	55:03	40-49	53 out of 69
132	103	Steve Hilliar	Unatt. Reading	55:15	15-39	58 out of 76
133	133	Jason Braganza	Unatt. Basingstoke	55:20	15-39	59 out of 76
134	309	Ian Mckenzie	Maidenhead	55:31	50-59	13 out of 20
135	142	Andrew Gardner	Unatt. Binfield	56:02	15-39	60 out of 76
136	1	Andy Keith	Unatt. Swallowfield	56:09	50-59	14 out of 20
137	275	Terry Akers	Unatt. Hook	56:18	50-59	15 out of 20
138	189	Alex Money	Unatt. Newbury	56:23	40-49	54 out of 69
139	8	Ian Trodd	Unatt. Cliddesden	56:28	15-39	61 out of 76
140	10	Bruce Abbott	Unatt. Swallowfield	56:29	40-49	55 out of 69
141	328	David Beacham	Unatt. Eversley	56:33	15-39	62 out of 76
142	13	Alister Brown	Unatt. Hartley Wintney	56:39	15-39	63 out of 76
143	148	Jason Stubbs	Runnymede Runners	56:41	40-49	56 out of 69
144	89	Tony Hanson	Unatt. Earley	56:52	40-49	57 out of 69
145	203	Matt Gould	Unatt. Reading	57:19	15-39	64 out of 76
146	213	Craig Robinson	Unatt. Reading	57:28	15-39	65 out of 76
147	245	Garry Watson Yogesh	Unatt. Northolt	57:52	15-39	66 out of 76
148	212	Belgaonkar	Unatt. Reading	58:11	15-39	67 out of 76
149	115	Carl Reid	Unatt. Reading	58:21	15-39	68 out of 76
150	248	Keith Lusted	Unatt. Binfield	59:04	60-69	10 out of 12
151	45	John Bowley	Reading Road Runners	59:07	60-69	11 out of 12
152	93	David Miller	Unatt. Lower Earley	59:32	40-49	58 out of 69
153	99	Tommy Millard	Unatt. Basingstoke	59:42	60-69	12 out of 12
154	131	Andy Goodhall	Unatt. Reading	01:00:20	40-49	59 out of 69
155	263	David Bird	Unatt. Riseley	01:00:25	50-59	16 out of 20
156	195	Mike Rowse	Unatt. Sandhurst	01:00:25	15-39	69 out of 76
157	261	Antony Ismay Oliver	Unatt. Reading	01:01:08	50-59	17 out of 20
158	27	Richardson Vincent	Unatt. Swallowfield	01:01:29	15-39	70 out of 76
159	235	Chapman	Unatt. Reading	01:01:41	50-59	18 out of 20
160	67	Kim Sainsbury	Unatt. Reading	01:01:41	50-59	19 out of 20
161	110	Andy James	Unatt. Edlesborough	01:01:41	40-49	60 out of 69
162	234	Ian Pitts	Unatt. Reading	01:02:20	15-39	71 out of 76
163	124	Paul Taylor	Unatt. Reading	01:02:49	40-49	61 out of 69
164	204	Dean Makar	Newbury	01:03:07	40-49	62 out of 69
165	12	Lee Atkins	Unatt. Swallowfield	01:03:09	40-49	63 out of 69

166	143	Mark Silcox Colin	Unatt. Old Burghclere	01:03:32	15-39	72 out of 76
167	155	Brassington	Fetch Everyone Rc	01:03:56	40-49	64 out of 69
168	139	Pip Neville	Unatt. Binfield	01:04:24	40-49	65 out of 69
169	121	Neil Sleeman	Unatt. Arborfield	01:05:27	15-39	73 out of 76
170	38	Chris Wise	Unatt. Hook	01:07:20	40-49	66 out of 69
171	208	Shane Leather	Reading Road Runners	01:07:46	40-49	67 out of 69
172	215	James Samson	Unatt. Reading	01:07:48	15-39	74 out of 76
173	236	Ash Mankoo	Unatt. Old Windsor	01:07:54	15-39	75 out of 76
174	237	Goldie Mankoo	Unatt. Old Windsor	01:08:03	15-39	76 out of 76
175	166	Eric Mckinnon	Unatt. Reading	01:08:49	50-59	20 out of 20
176	267	Henry Simpson	Unatt. Wokingham	01:10:00	40-49	68 out of 69
177	179	Nicolas Doye	Unatt. Reading	01:12:47	40-49	69 out of 69